

**Prediabetes Health Provider Tool Kit**  
**May 2010**

Inside Front Cover:

- Dear Provider letter

Content:

- **Youth (10-17 yr)**
  - Youth Algorithm
  - Tips for Teens
  - Tips for Kids
  - Activity pyramid (Eng and Sp)
  - My pyramid for kids (MyPyramid.gov)
  
- **Adult (18+)**
  - Adult Algorithm
  
- **Seniors (65+)**
  - Medicare Screening Initiative
  
- **ADA (American Diabetes Association)**
  - Are You at Risk for Type 2 Diabetes? *¿Está Usted en Riesgo de Tener Diabetes Tipo 2?*
  - New Clinical Practice Recommendations to Promote A1C as Diagnostic Test for Diabetes. 12.29.09 press release
  - Standards of Medical Care in Diabetes-2010. S11-S16
    - Classification & Diagnosis
    - Testing for Diabetes in Asymptomatic Patients
    - Detection & Diagnosis of Gestational Diabetes
    - Prevention / Delay of Type 2 Diabetes
  
- **National Diabetes Education Program (NDEP)**
  - Paso a Paso (Spanish)
  - It's Never Too Early to Prevent Diabetes (Gestational Diabetes)
  - It's Not Too Late to Prevent Diabetes (Seniors)
  - We Have the Power to Prevent Diabetes (American Indian)
  - More Than 50 Ways to Prevent Diabetes (African American)
  
- **MDH & I CAN Prevent Diabetes**
  - MN 2010: I CAN PD & Other DPP Sites
  - Providers. Prediabetes: What you can do
  - I CAN Prevent Diabetes Risk Assessment and Provider Referral
  - MN Diabetes Program Fact Sheet 2010
  
- **Resource Lists**