



## Minnesota 2010: I CAN Prevent Diabetes and other Diabetes Prevention Program Sites

Provider	Group Schedule	Days and Times	Location	Cost	Contact Instructions
East Side YMCA St. Paul, MN	Feb or March (tentative)	To be determined	875 Arcade St. St. Paul, MN	Members \$70; \$110 non- member; Scholarship may be available	Ann Schulte Sr Fitness Coordinator 651-793-7288  <a href="mailto:ASchulte@ymcastpaul.com">ASchulte@ymcastpaul.com</a>
West Side Community Health Services St. Paul, MN	Feb 10 to May 26  Spanish	Wed. 9 - 10 am	153 Cesar Chavez St St Paul, MN	\$20  WSCHS patients only	Gail J. Kelly Clinic Director  651-602-7542  <a href="mailto:gkelly@westsidechs.org">gkelly@westsidechs.org</a>
Minneapolis Skyway Senior Center Minneapolis, MN	April 5 to July 19	Mondays 1 – 3 pm	950 Nicollet Mall/Retek Bldg Skyway Level Minneapolis, MN	No cost 50+ yr, no membership required	Christina Kendrick Director Skyway Senior Center 612-380-3869  <a href="mailto:Christina.kendrick@ci.minneapolis.mn.us">Christina.kendrick@ci.minneapolis.mn.us</a>
Sabathani Community Center Minneapolis, MN	Feb  English & Spanish	To be determined	310 east 38 St. Suite 109 Minneapolis MN		Erika Kennedy Community Health Worker 612-735-3504  <a href="mailto:Ekenedy@sabathani.org">Ekenedy@sabathani.org</a>
Hennepin County Medical Center, South Clinic Richfield, MN	March or April  English & Spanish	To be determined	To be determined		Patty Barland RD Certified Diabetes Educator 612-873-8811  <a href="mailto:Patricia.Barland@hcmcd.org">Patricia.Barland@hcmcd.org</a>
Deaf Community Health Project Metro area, MN	Nov 2 to Jan 20		Lutheran Trinity Church Inver Grove Height, MN		Anita Buel, CHW Director Deaf Community Health Project  <a href="mailto:anitadchw@gmail.com">anitadchw@gmail.com</a>
Trinity Lutheran Church Long Lake, MN	Feb 18 to June 10		2060 6th Ave N Long Lake, MN		Jeanne Tempero, RN Parish Nurse 952-473-8577  <a href="mailto:jtempero@hotmail.com">jtempero@hotmail.com</a>



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<b>Shepherd of the Valley Lutheran Church</b> Apple Valley, MN	<b>Jan 8 to April 23</b>  Next class starts in April, tentatively	<b>Fridays, 8 am</b>	<b>12650 Johnny Cake Ridge Rd</b> <b>Apple Valley, MN</b>	<b>\$25</b>	<b>Rosalee Mahlum, RN, BSN</b> <b>Parish Nurse</b> <b>952-431-0630</b>  <a href="mailto:beariedtrs@charter.net">beariedtrs@charter.net</a>
<b>Indian Health Board of Minneapolis</b>  <b>Special Diabetes program for Indians (SDPI). Diabetes Prevention Program (DPP) Lifestyle Balance Curriculum</b>	<b>Determined on needs of participants</b>	<b>Determined on needs of participants</b>	<b>1315 East 24<sup>th</sup> St</b> <b>Minneapolis, MN</b>	<b>No cost</b> <b>Lifestyle coaching and incentives offered to any Native American who resides in the Metro area</b>	<b>Tammy Didion, RD, LD</b> <b>Health Disparities Supervisor</b> <b>612-721-9800 ext 520</b>  <a href="mailto:theinicke@ihb-mpls.org">theinicke@ihb-mpls.org</a>
<b>Clearwater Co Nursing Service</b> Bagley, MN	<b>Sept 8 to Dec 22, 2009</b>		<b>212 Main Ave. N</b> <b>Bagley, MN</b>		<b>Donna Schroeder, RN</b> <b>Certified Diabetes Educator</b> <b>218-694-6581</b>  <a href="mailto:donna.schroeder@co.clearwater.mn.us">donna.schroeder@co.clearwater.mn.us</a>
<b>Lakewood Health Center</b> Baudette, MN	<b>Nov 9 to Feb 22</b>		<b>600 S. Main</b> <b>Baudette, MN</b>	<b>\$80</b>	<b>Jean Krousey RN</b> <b>Diabetes Resource Center Nurse</b> <b>218-634-2120</b>  <a href="mailto:jeankrousey@catholichealth.net">jeankrousey@catholichealth.net</a>
<b>Beltrami B-Well Bemidji, MN</b>	<b>To be determined</b>		<b>First Lutheran Church, 900 Bemidji Ave N</b> <b>Bemidji, MN</b>		<b>Marti Lundeen,</b> <b>Director, Beltrami B-Well</b> <b>218-751-9224</b>  <a href="mailto:bwel@paulbunyan.net">bwel@paulbunyan.net</a>
<b>Kandiyohi County Area Family YMCA</b> Willmar, MN	<b>March 1 to June 24</b>  Planning Spanish program in April	<b>Mondays, 6:30 pm</b>	<b>1000 Lakeland Drive SE</b> <b>Willmar, MN</b>	<b>\$160</b>  Scholarship may be available	<b>Kara Elwood</b> <b>Health Enhancement Director</b> <b>320-222-9622</b>  <a href="mailto:karae@kandiyymca.org">karae@kandiyymca.org</a>

I CAN Prevent Diabetes is coordinated through the Minnesota Diabetes Program at the Minnesota Department of Health. For more information contact [Rita.mays@state.mn.us](mailto:Rita.mays@state.mn.us)